

Holiday Meal Prep Make Ahead Cheat Sheet



Make and Freeze

Recipe	Store for How Long?

Prep and Freeze

Recipe	Store for How Long?

Make and Refrigerate

Recipe	Store for How Long?

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A large rectangular area with horizontal lines for writing, intended for notes or a list of recipes.

Prep and Refrigerate

Recipe	Store for How Long?

Make a Day or Two Ahead of Time

Recipe	Store for How Long?

Make Day Of

Recipe	Store for How Long?