

S M T W T F S



exercise

meals

House Keeping

- Seven checkboxes for housekeeping tasks.

Seven horizontal lines for notes.

Work/School/Other

- Seven checkboxes for work/school/other activities.

Seven horizontal lines for notes.

Errands/Appointments

Five horizontal lines with vertical dots for errands/appointments.

Five horizontal lines for notes.

Family Activities

Grid for family activities with 6 columns and 4 rows.

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