Bathrooms

- $\hfill\square$ Remove items from counter tops, open shelves, and shower
- Dust/Vacuum/Wash Ceiling. (use caution if washing, some ceiling finishes don't like being wet)
- Dust/Clean Ceiling Fixtures (lights, fans etc...)
- □ Spray shower or tub (skip if half bath)
- □ Remove items from walls. Dust/Clean them as you remove them
- □ Remove shower curtain and window coverings (if possible) for cleaning
- □ Wash walls and back splash, don't forget the grout if you have it.
- Clean mirror
- □ Wash windows, including tracts and frames. Wash window coverings now if you left them up.
- □ Wash exterior of vanity
- Clean shower/tub, don't forget the grout if you have tiles and any caddies or shelves
- □ Clean vanity sink and faucet
- □ Spray outside of toilet and put bowl cleaning in bowl
- Clean toilet seat then remove to give hinges and hinge area a good cleaning
- □ Replace toilet seat and finish cleaning toilet, pay special attention the around the base
- Remove Vent Covers, vaccum vents and wash covers. (wipe off baseboard heaters, be sure they are OFF first!)
- Rehang wall items.
- □ Put back items you removed
- □ Vacuum and scrub floor
- □ Throw window coverings into the wash (if it can be washed)
- □ Now, take some time to relax and unwind, you deserve it!
- □ Once laundry is finished, replace table linens, hang window coverings, and enjoy your spring cleaned space.

Your Extras



Redrooms

- Dust/Vacuum/Wash Ceiling. (use caution if washing, some ceiling finishes don't like being wet)
- Dust/Clean Ceiling Fixtures (lights, fans etc...)
- $\hfill\square$ Move furniture into the center of the room
- □ Remove items from walls. Dust/Clean them as you remove them
- □ Remove window coverings (if possible) for cleaning
- □ Wash walls: one wall at a time, working from top to bottom.
- □ Wash windows, including tracts and frames. Wash window coverings now if you left them up.
- □ Clean all hard surfaces and furniture and any items on them.
- □ Dry dust books and other items that cannot be cleaned.
- Strip bed, inlcuding bed skirt (if you have one) and vacuum mattress and box spring
- □ Flip/Rotate mattress. If you flipped it, vacuum again
- □ Vacuum all soft surfaces, lamp shades, furniture, headboards, canvas hanging shelves or boxes.
- □ Vacuum the outside of the room.
- Remove Vent Covers, vaccum vents and wash covers. (wipe off baseboard heaters, be sure they are OFF first!)
- □ Move furniture back to where it belongs, and vacuum the center of the room.
- □ Rehang wall items.
- □ Throw bedding and window coverings into the wash (if it can be washed) including comforter or duvet.
- □ Toss pillows into the dryer to fluff and sanitize.
- □ Now, take some time to relax and unwind, you deserve it!
- □ Once laundry is finished, make bed, hang window coverings, and enjoy your spring cleaned space.

Your Extras



Other Seasonal Tasks

- Empty drawers and shelves and clean
- \Box Sort through clothing and toys, give away or toss any unused or unwanted items
- □ Organize closets (see closet page for more details)
- □ Swap out seasonal clothes and bedding
- □ Touch up paint as needed

Plasets

Empty Contents, sort as you go if you want

- Dust/Vacuum/Wash Ceiling. (use caution if washing, some ceiling finishes don't like being wet)
- Dust/Clean Ceiling Fixtures (lights, fans etc...)
- □ Remove items from walls. Dust/Clean them as you remove them
- □ Wash walls: one wall at a time, working from top to bottom.
- □ Wash shelves and hanging bars, don't forget the back of the door (if you can reach it)
- □ If you have a dresser or other furniture in your closet, dry dust, vacuum or clean as needed
- □ Vacuum all soft surfaces, like canvas or cloth hanging shelves
- □ Vacuum the closet, wash floor if hard surface
- □ If you didn't sort items when you removed them, sort them now
- □ Rehang wall items.
- □ Put items back in, organize them as you go
- □ Now, take some time to relax and unwind, you deserve it!

Your Extras

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Other Seasonal Tasks

- Sort through your winter wardrobe, give away or toss items you didn't wear or that don't fit
- □ Swap out seasonal clothes
- □ Assess storage and orgazing needs, make changes as needed
- □ Assess how your closet is working for you, could you add some more function?
- \Box Touch up paint as needed

Notes:

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Dining Room

- Dust/Vacuum/Wash Ceiling. (use caution if washing, some ceiling finishes don't like being wet)
- Dust/Clean Ceiling Fixtures (lights, fans etc...)
- \Box Move furniture into the center of the room
- □ Remove items from walls. Dust/Clean them as you remove them
- □ Remove window coverings (if possible) for cleaning
- □ Wash walls: one wall at a time, working from top to bottom.
- □ Wash windows, including tracts and frames. Wash window coverings now if you left them up.
- Remove any table decor and linens and slip covers (if chairs are covered)
- Dry dust items that cannot be cleaned.
- □ Clean all hard surfaces and furniture and items on them.
- Clean chair and table legs and undersides of seats
- □ Vacuum all soft surfaces, lamp shades, furniture, fabric covered boxes, etc...
- □ Vacuum the outside of the room and wash floors if hard surface flooring
- Remove Vent Covers, vaccum vents and wash covers. (wipe off baseboard heaters, be sure they are OFF first!)
- □ Move furniture back to where it belongs, and vacuum and wash the center of the room
- Rehang wall items.
- □ Throw table linens and window coverings into the wash (if it can be washed)
- Check table and chairs for any wobbles, fix if needed
- □ Now, take some time to relax and unwind, you deserve it!
- □ Once laundry is finished, replace table linens, hang window coverings, and enjoy your spring cleaned space.

Your Extras



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Other Seasonal Tasks

- Empty drawers and shelves and clean
- □ Sort tables linens and serving dishes (if stored here)
- □ Remove any items that don't belong here
- □ Consider changing up your table decor
- □ Touch up paint as needed

Kitchen

- $\hfill\square$ Remove items from counter tops and open shelves
- Dust/Vacuum/Wash Ceiling. (use caution if washing, some ceiling finishes don't like being wet)
- Dust/Clean Ceiling Fixtures (lights, fans etc...)
- □ Remove items from walls. Dust/Clean them as you remove them
- □ Remove window coverings (if possible) for cleaning
- □ Wash tops of cabinets and fridge
- □ Wash outside of upper cabinets and range hood
- □ Wash walls and back splash, don't forget the grout if you have it.
- □ Wash windows, including tracts and frames. Wash window coverings now if you left them up.
- □ Wash counters and stove top and any open shelves
- □ Wash outide of lower cabinets and drawers, and fronts of all appliances.
- □ Pull out fridge, wash sides, vacuum back and floor, and wash wall and floor in behind
- □ Pull out oven (if possible), wash sides, vacuum back and floor, wash all and floor behind
- Clean small appliances, and other counter top and open shelf items
- □ Wipe off counters, and put items back
- Remove Vent Covers, vaccum vents and wash covers. (wipe off baseboard heaters, be sure they are OFF first!)
- Clean sink and faucets
- □ Rehang wall items.
- □ Vacuum and scrub floor
- □ Throw window coverings into the wash (if it can be washed)
- □ Now, take some time to relax and unwind, you deserve it!
- □ Once laundry is finished, replace table linens, hang window coverings, and enjoy your spring cleaned space.

Your Extras



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Other Seasonal Tasks

- Empty cupboards and drawers and wash the insides
- □ Deep clean oven and stove top
- □ Clean out fridge/freezer then wash interior
- □ Deep clean microwave and/or dishwasher
- Empty pantry and food cupboard, check expiration dates, clean interiors
- □ Touch up paint as needed

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Living Room/Family Room/Den

- Dust/Vacuum/Wash Ceiling. (use caution if washing, some ceiling finishes don't like being wet)
- Dust/Clean Ceiling Fixtures (lights, fans etc...)
- \Box Move furniture into the center of the room
- □ Remove items from walls. Dust/Clean them as you remove them
- □ Remove window coverings (if possible) for cleaning
- □ Wash walls: one wall at a time, working from top to bottom.
- □ Wash windows, including tracts and frames. Wash window coverings now if you left them up.
- Clean all hard surfaces and furniture and any items on them.
- □ Dry dust books and other items that cannot be cleaned.
- □ Remove Slipcovers, throws and toss pillows
- Clean electronics according to owner's manual directions
- □ Vacuum all soft surfaces, lamp shades, furniture, fabric covered boxes, etc...
- □ Vacuum the outside of the room.
- Remove Vent Covers, vaccum vents and wash covers. (wipe off baseboard heaters, be sure they are OFF first!)
- □ Move furniture back to where it belongs, and vacuum the center of the room.
- Rehang wall items.
- □ Throw slip covers, throws, and window coverings into the wash (if it can be washed)
- □ Toss pillows into the dryer to fluff and sanitize, if they can be
- □ Now, take some time to relax and unwind, you deserve it!
- □ Once laundry is finished, replace slipcovers, hang window coverings, and enjoy your spring cleaned space.

Your Extras



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Other Seasonal Tasks

- Empty drawers and shelves and clean
- □ Sort your media, give away or toss what is unused or unwanted
- □ Remove any items that don't belong here
- □ Change throws for lighter weight ones if you have them
- □ Touch up paint as needed

Office

- Dust/Vacuum/Wash Ceiling. (use caution if washing, some ceiling finishes don't like being wet)
- Dust/Clean Ceiling Fixtures (lights, fans etc...)
- $\hfill\square$ Move furniture into the center of the room
- □ Remove items from walls. Dust/Clean them as you remove them
- □ Remove window coverings (if possible) for cleaning
- □ Wash walls: one wall at a time, working from top to bottom.
- □ Wash windows, including tracts and frames. Wash window coverings now if you left them up.
- Dry dust items that cannot be cleaned.
- □ Clean all hard surfaces and furniture and items on them.
- Clean Computer and other electronics according to instructions in owner's manuals
- □ Vacuum all soft surfaces, lamp shades, furniture, fabric covered boxes, etc...
- $\hfill\square$ Vacuum the outside of the room and wash floors if hard surface flooring
- □ Remove Vent Covers, vaccum vents and wash covers. (wipe off baseboard heaters, be sure they are OFF first!)
- □ Move furniture back to where it belongs, and vacuum and wash the center of the room
- □ Rehang wall items.
- □ Throw window coverings into the wash (if it can be washed)
- □ Now, take some time to relax and unwind, you deserve it!
- □ Once laundry is finished, hang window coverings, and enjoy your spring cleaned space.

Your Extras



Other Seasonal Tasks

- □ Empty drawers and shelves and clean
- □ Go through files and shred any outdated items
- □ If you have a to shred basket, now is a good time to get shredding
- □ Reassess your filing and other organizational systems. Make changes if needed
- 🗌 Now is also a great time to tame the cord tangles, add labels so you know which plug is for what

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- □ Take inventory of what you have and make a list of any supplies you need to replenish
- □ Touch up paint as needed

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