

S M T W T F S



exercise

meals

House Keeping

- Seven checkboxes for housekeeping tasks.

Horizontal lines for notes corresponding to housekeeping tasks.

Work/School/Other

- Seven checkboxes for work/school/other activities.

Horizontal lines for notes corresponding to work/school/other activities.

Errands/Appointments

- Five checkboxes with vertical ellipses for errands/appointments.

Horizontal lines for notes corresponding to errands/appointments.

Family Activities

Grid for family activities with 6 columns and 5 rows.

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